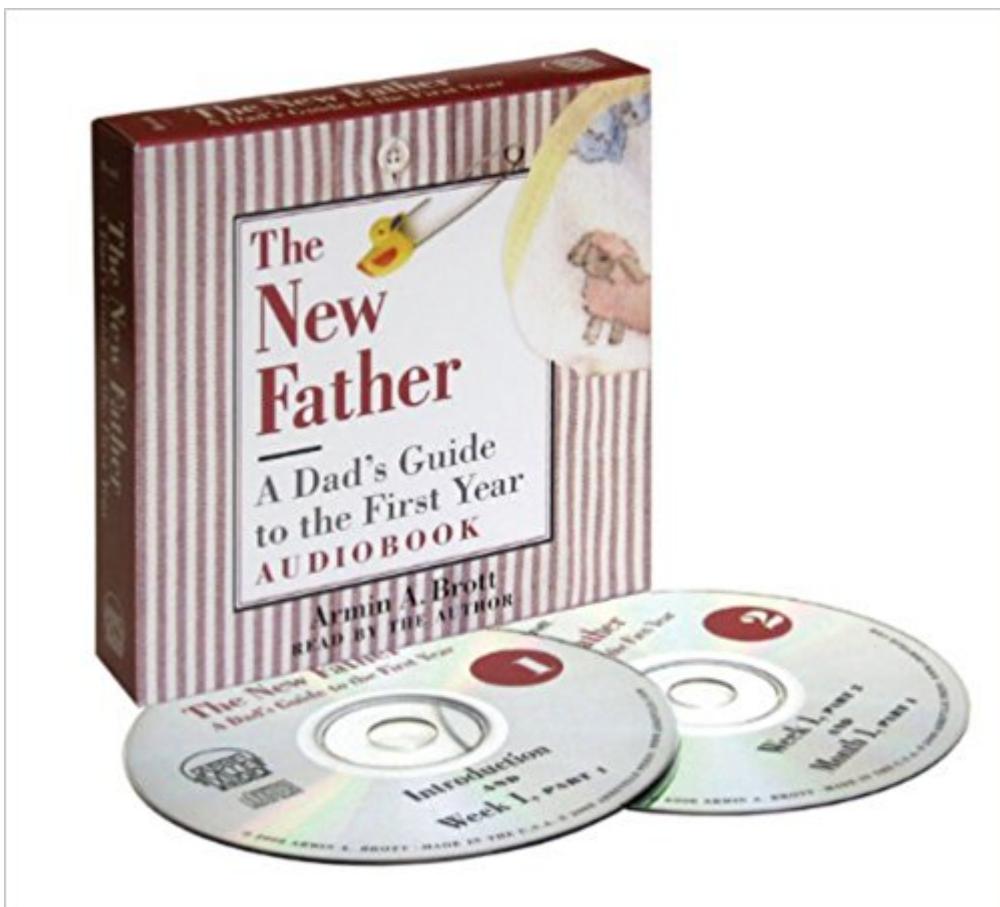


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# The New Father: A Dad's Guide To The First Year



## **Synopsis**

The best-selling, ground-breaking, information-packed guide for dads-to-be is now an indispensable audiobook, read by Armin Brott, who has been called America's most trusted Dad. With more than 1 million copies in print, this series includes "The New Father"; "Fathering Your Toddler"; and "Fathering Your School-Age Child".

## **Book Information**

### **Audio CD**

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## **Customer Reviews**

"Brott writes honestly and earnestly. His wry sense of humor will be a relief to hassled parents." -

Time --This text refers to an out of print or unavailable edition of this title.

How can you become an effective, involved father when you see your baby only briefly after work? What is the best way to start saving for your child's college education? The answers to these questions and hundreds more are found on the pages of this easy-to-follow, information-packed volume. Author Armin Brott devotes a chapter to each month of the first year. In each chapter he charts the physical, intellectual, verbal, and emotional changes the child is going through, and examines the emotional and psychological development the father may experience. He also covers such general parenting issues as coping with crying, finding quality child care, and understanding changes in the relationship with one's partner. This new edition features the latest research on many topics, from what's going on at the hospital right after childbirth to what a dad can do when his partner is having trouble breastfeeding, to advice for dads in the military and others who are separated from their kids. More information on preemies, twins, and triplets has been added, along

with advice for divorced and renewed dads. The resources section and bibliography are considerably expanded. Illustrated throughout with New Yorker-style cartoons that underscore the joys and woes of parenting, *The New Father* is an essential sourcebook for every dad. It is sure to give moms fresh insights as well. --This text refers to an out of print or unavailable edition of this title.

Finding a book for first-time dads that isn't a bro'd-out, lame joke-book with gags about staring at your partners breasts was staggeringly harder to find than I'd expected. I've read two of Brott's books—this one and its predecessor *The Expectant Father*—and both are superb, down-to-earth, informed guides to give you calm peace of mind when the newborn arrives. If you actually want to learn and be spoken to like an adult rather than an overgrown child, this is the book (and series) for you.

Great book for a new dad. Put a lot of my worries at ease and thought me many useful things. Must have for any new dad. Talks about the whole process from a dads perspective.

A really nice month-by-month guide. Fun to read as baby grows. My husband really enjoyed reading it and so did I!

We love this book so far- my husband and I are taking turns reading it, and we love how the author spells out the real day-to-day life and covers all the things we've wondered about. As a expectant mom, I've learned more from this book than any of the other pregnancy and new mom books I've been given, and will be giving this as a shower gift from now on. Definitely worth a read for both parents!

Good book. I read it when I had my daughter and liked it so much I gave my copy to a friend and sent another one to my brother when he was expecting his first kid. Easy read. Just have to stay one month ahead of your kid's age

My son in law liked the book and found it helpful

If you enjoyed *The Expectant Father*, then you will enjoy this one too. The author describes what your baby will be going through in the first year, month by month. And tips for taking care of

him/her. An easy and enjoyable read. Informative and somehow helped to make me feel less and reminded me of the importance of my new role.

My hubby loved the Expectant Father book, so we got this for new fatherhood. We love how Mr. Brott actually gives specific info, statistics, techniques, and advice, whereas some new daddy books are just silly fluff about how to deal with your baby mama's hormones by chugging a beer, or freaking out over childbirth or poopy diapers. Brott is an MBA, so he is smart and approaches fatherhood with the research and practicality of an economist. If you want a fatherhood series that doesn't play to the lowest common denominator, this one is a great read. He covers everything from finances to breastfeeding to child development. My hubby commutes a lot, so he polished it off in the car. He would call me to tell me the interesting stuff he was learning, and I felt good knowing he was getting helpful info on my condition, challenges, and needs as a mom. It can be hard for new dads to respond when the mom tells him what he should know about pregnancy, childbirth, and motherhood, so hearing it from another guy who is smart and concerned about his family is very helpful and empowering.

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